


 August 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	3 Cereal	4 Baking Soda Biscuits	5 Scrambled Eggs	6 Yogurt	7 Banana Pancake
LUNCH	Ham Salad on WW Roll, Broccoli w/ranch, apples	Chicken Curry, Potatoes & Carrots, Mixed Fruit	Beef Goulash, Green Beans, Blueberries	Tuna Salad Sub, Ranch Potato Wedges, Cinnamon Apples	Beans & Weenies, WW Bread Slice, Watermelon
SNACK	WG Crackers & Cheese	Apple Cake	Granola Bar	Raisins & WW Grahams	Parmesan Oyster Crackers
BREAKFAST	10 Cereal	11 Blueberry Oat Muffin	12 Scrambled Eggs	13 Yogurt	14 Pancake with Fruit
LUNCH	Grilled Cheese on WW Bread, Sunshine Salad, Fresh Broccoli	Chicken Tetrazzini, Garden Salad, Blueberries	Fish Slaw Wrap, Cherry Tomatoes, Cinnamon Applesauce	Bean Burrito Bowl, Banana	Cheese Pizza, Sweet Corn, Mixed Fruit
SNACK	WG Goldfish Crackers	WG Crackers & Cantaloupe	Banana Bread	Cinnamon Chips & Fruit Salsa	Trail Mix
BREAKFAST	17 Cereal	18 WW Cheese Biscuit	19 Scrambled Eggs	20 Yogurt	21 Blueberry Pancake
LUNCH	Turkey Bacon BLT, Cucumber Slices, Oranges	Meatloaf, Parsley Potatoes, Green Beans	WW Mac & Cheese, Broccoli, Pears	Salmon loaves, Pasta Salad, Mixed Fruit	Cheese Ravioli, Garlic Bread, Garden Salad, Peaches
SNACK	String Cheese	Strawberries in Crème	Veggies w/ Dip	Sweet Potato Muffin	Wow Butter Cinn. Raisin Toast
BREAKFAST	24 Cereal	25 WW Biscuit	26 Scrambled Eggs	27 Yogurt	28 Waffles
LUNCH	Corn Dog, Sweet Potato Fries, Cantaloupe	Sweet & Sour Chicken, Steamed Rice, Mixed Veggies, Mango	Salisbury Steak, Mashed Potatoes, Peas	Veggie Ratatouille, WW Bread Slice, Strawberries	Cheese Pizza, Sweet Corn, Mixed Fruit
SNACK	Pretzels	Zucchini Brownies	Animal Crackers & Applesauce	Chef's Choice	Trail Mix

*Substitutes made for children 2 and younger made when needed to match developmental level

EX: Trail mix is substituted with dry cereal & raisins, Tortilla chips substituted with soft tortilla, Hard veggies are steamed

*Menu changes may be made without notice, if needed. *Fresh seasonal fruit will be given when available *Vegetarians and allergies may be accommodated

*All juice is 100% fruit juice *Any outside food must be brought to the kitchen and not left in child's classroom